

*The
Family
That Prays*

Prayer Journal

Presented by:

BC | BETHANY
COMMUNITY CHURCH

INTRODUCTION

January is always a special time at BCC. There is no better way to start out the new year than to begin it in prayer. During the month of January, we will be having a prayer-focused sermon series entitled: The Family that Prays. During this time, you will have the opportunity to follow along with a reading plan and prayer journal. In this journal you will find a weekly verse to share as a family. Take time during that week to reflect, recite and memorize the verse as a family. You will also find daily verses and reading plans that reflect each week's themes: Better Memories, Better Conversations, Better Measures of Success and Solving Better Problems.

There is also a place to follow a simple and helpful way to pray using A.C.T.S. A.C.T.S. stands for Adoration/Praise, Confession, Thanksgiving, and Supplication/Intercession. Whether you choose to use the hard copy or the app, you will find places to reflect on your prayer and reading for the day.

We hope you take a *selah* from the crazy holiday season to root your new year in God's love, God's Word and His mercy. Plan to join us for the week of prayer, January 21st-26th. You will not be disappointed. God always shows up and lives are always changed.

LET'S GET STARTED

SUNDAY, JANUARY 7TH

Daily Reading: Joshua 1

Daily Verse: *“Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go.” Joshua 1:9*

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Memories*

Weekly Family Verse: *“Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.” Colossians 3:13*

MONDAY, JANUARY 8TH

Daily Reading: 1 Corinthians 11:17-34

Daily Verse: “In the same way also he took the cup, after supper, saying, “This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.” 1 Corinthians 11:25

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Memories*

Weekly Family Verse: “Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.” Colossians 3:13

TUESDAY, JANUARY 9TH

Daily Reading: *Jeremiah 31*

Daily Verse: *“But this is the new covenant I will make with the people of Israel after those days,” says the Lord. “I will put my instructions deep within them, and I will write them on their hearts. I will be their God, and they will be my people.”*
Jeremiah 31:33

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Memories*

Weekly Family Verse: *“Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.”* *Colossians 3:13*

WEDNESDAY, JANUARY 10TH

Daily Reading: *John 14*

Daily Verse: *“But when the Father sends the Advocate as my representative—that is, the Holy Spirit—he will teach you everything and will remind you of everything I have told you.” John 14:26*

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Memories*

Weekly Family Verse: *“Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.” Colossians 3:13*

THURSDAY, JANUARY 11TH

Daily Reading: *Psalm 119*

Daily Verse: “I reflect at night on who you are, O Lord; therefore, I obey your instructions.” *Psalm 119:55*

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Memories*

Weekly Family Verse: “Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.” *Colossians 3:13*

FRIDAY, JANUARY 12TH

Daily Reading: Deuteronomy 6

Daily Verse: “Be careful not to forget the Lord, who rescued you from slavery in the land of Egypt.” Deuteronomy 6:12

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: Better Memories

Weekly Family Verse: “Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.” Colossians 3:13

SATURDAY, JANUARY 13TH

Daily Reading: Lamentations 3:19-32

Daily Verse: “The faithful love of the Lord never ends! His mercies never cease. Great is his faithfulness; his mercies begin afresh each morning. I say to myself, ‘The Lord is my inheritance; therefore, I will hope in him!’” Lamentations 9:22-23

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Memories*

Weekly Family Verse: “Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.” Colossians 3:13

SUNDAY, JANUARY 14TH

Daily Reading: *Colossians 3-4:6*

Daily Verse: *“Let your conversation be gracious and attractive so that you will have the right response for everyone.” Colossians 4:6*

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Conversations*

Weekly Family Verse: *“Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.” Ephesians 4:9*

MONDAY, JANUARY 15TH

Daily Reading: Matthew 5

Daily Verse: “You don’t make your words true by embellishing them with religious lace. In making your speech sound more religious, it becomes less true. Just say ‘yes’ and ‘no.’ When you manipulate words to get your own way, you go wrong.”
Matthew 5:36-37

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Conversations*

Weekly Family Verse: “Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.” Ephesians 4:9

TUESDAY, JANUARY 16TH

Daily Reading: 2 Timothy 1:1-14

Daily Verse: “Retain the standard of sound words which you have heard from me, in the faith and love which are in Christ Jesus.” 2 Timothy 1:3

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Conversations*

Weekly Family Verse: “Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.” Ephesians 4:9

WEDNESDAY, JANUARY 17TH

Daily Reading: Proverbs 17

Daily Verse: “He who restrains his words has knowledge, And he who has a cool spirit is a man of understanding.” Proverbs 17:27

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Conversations*

Weekly Family Verse: “Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.” Ephesians 4:9

THURSDAY, JANUARY 18TH

Daily Reading: *Titus 2*

Daily Verse: “Sound in speech which is beyond reproach, so that the opponent will be put to shame, having nothing bad to say about us.”
Titus 2:8

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Conversations*

Weekly Family Verse: “Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.” *Ephesians 4:9*

FRIDAY, JANUARY 19TH

Daily Reading: James 3

Daily Verse: “Indeed, we all make many mistakes. For if we could control our tongues, we would be perfect and could also control ourselves in every other way.” James 3:2

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Conversations*

Weekly Family Verse: “Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.” Ephesians 4:9

SATURDAY, JANUARY 20TH

Daily Reading: *Matthew 12:1-37*

Daily Verse: *“The good man brings out of his good treasure what is good; and the evil man brings out of his evil treasure what is evil.”*
Matthew 12:35

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Conversations*

Weekly Family Verse: *“Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.”* Ephesians 4:9

SUNDAY, JANUARY 21ST

Daily Reading: Romans 12

Daily Verse: “For by the grace given to me I say to everyone among you not to think of himself more highly than he ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned.” Romans 12:3

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Measure*

Weekly Family Verse: “For by grace you have been saved through faith. And this is not your own doing; it is the gift of God,” Ephesians 2:8

MONDAY, JANUARY 22ND

Daily Reading: Hebrews 11

Daily Verse: “Now faith is the assurance of things hoped for, the conviction of things not seen.” Hebrews 11:1

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Measure*

Weekly Family Verse: “For by grace you have been saved through faith. And this is not your own doing; it is the gift of God,” Ephesians 2:8

TUESDAY, JANUARY 23RD

Daily Reading: *Matthew 17*

Daily Verse: "He said to them, "Because of your little faith. For truly, I say to you, if you have faith like a grain of mustard seed, you will say to this mountain, 'Move from here to there,' and it will move, and nothing will be impossible for you." *Matthew 17:20*

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Measure*

Weekly Family Verse: "For by grace you have been saved through faith. And this is not your own doing; it is the gift of God," *Ephesians 2:8*

WEDNESDAY, JANUARY 24TH

Daily Reading: *Romans 10*

Daily Verse: “So faith comes from hearing, and hearing through the word of Christ.” *Romans 10:17*

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Measure*

Weekly Family Verse: “For by grace you have been saved through faith. And this is not your own doing; it is the gift of God,” *Ephesians 2:8*

THURSDAY, JANUARY 25TH

Daily Reading: Mark 11

Daily Verse: “And Jesus answered them, “Have faith in God. Truly, I say to you, whoever says to this mountain, ‘Be taken up and thrown into the sea,’ and does not doubt in his heart, but believes that what he says will come to pass, it will be done for him.” Mark 11:22-23

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Measure*

Weekly Family Verse: “For by grace you have been saved through faith. And this is not your own doing; it is the gift of God,” Ephesians 2:8

FRIDAY, JANUARY 26TH

Daily Reading: *Philippians 1*

Daily Verse: “And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.”
Philippians 1:6

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Measure*

Weekly Family Verse: “For by grace you have been saved through faith. And this is not your own doing; it is the gift of God,” *Ephesians 2:8*

SATURDAY, JANUARY 27TH

Daily Reading: 2 Corinthians 5

Daily Verse: “Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.”
2 Corinthians 5:17

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Measure*

Weekly Family Verse: “For by grace you have been saved through faith. And this is not your own doing; it is the gift of God,” Ephesians 2:8

SUNDAY, JANUARY 28TH

Daily Reading: Proverbs 3

Daily Verse: “Trust in the Lord with all your heart, and do not lean on your own understanding.” Proverbs 3:5

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: Better Problem Solving

Weekly Family Verse: “Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” Philippians 4:6

MONDAY, JANUARY 29TH

Daily Reading: *Matthew 7*

Daily Verse: *“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.” Matthew 7:7*

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Problem Solving*

Weekly Family Verse: *“Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” Philippians 4:6*

TUESDAY, JANUARY 30TH

Daily Reading: *Luke 17*

Daily Verse: *“Pay attention to yourselves! If your brother sins, rebuke him, and if he repents, forgive him, and if he sins against you seven times in the day, and turns to you seven times, saying, ‘I repent,’ you must forgive him.”*
Luke 17: 3-4

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Problem Solving*

Weekly Family Verse: *“Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.”* *Philippians 4:6*

WEDNESDAY, JANUARY 31ST

Daily Reading: Luke 6:27-49

Daily Verse: “But I say to you who hear, Love your enemies, do good to those who hate you,” Luke 6:27

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: Better Problem Solving

Weekly Family Verse: “Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” Philippians 4:6

THURSDAY, FEBRUARY 1ST

Daily Reading: *Luke 21*

Daily Verse: *“For I will give you a mouth and wisdom, which none of your adversaries will be able to withstand or contradict.” Luke 21:15*

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: *Better Problem Solving*

Weekly Family Verse: *“Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” Philippians 4:6*

FRIDAY, FEBRUARY 2ND

Daily Reading: James 1

Daily Verse: “If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.”

James 1:5

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: Better Problem Solving

Weekly Family Verse: “Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” *Philippians 4:6*

SATURDAY, FEBRUARY 3RD

Daily Reading: Hebrews 4

Daily Verse: “Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.” Hebrews 4:16

Praise: Today God, I praise you because: _____

Confession: Today God, I humble myself before you and ask you to forgive me for: _____

Thanksgiving: Today God, I thank you for: _____

Intercession: Today God, I ask that you: _____

Weekly Theme: Better Problem Solving

Weekly Family Verse: “Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” Philippians 4:6

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